

COLLECTION INSTRUCTIONS



INSTRUCTIONS FOR: WHOLE BLOOD VISCOSITY PROFILE (WBV)

WHEN TO SHIP: Monday & Tuesday

OBSERVED HOLIDAYS:

New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day. *Do not ship the day before an observed holiday.

IMPORTANT NOTES FOR TEST:

- ✓ Place ice pack into freezer, upon receipt of test kit.
- ✓ Specimen must be received within 24-hours.
- ✓ Patient's first and last name, date of birth, sex, and date of collection must be recorded on the Test Requisition Form as well as all Transfer tubes using a permanent marker, or the test may not be processed.

KIT CONTAINS:

- 1 Requisition Form
- 1 SST Tube
- 5 Lavender EDTAs
- 1 Disposable Pipette
- 1 Parafilm
- 1 Transfer tube
- 1 EDTA Protector Pack
- 1 Overnight Return Shipping Label *(Included if shipped within U.S. or Canada)*
- 1 Instruction Sheet
- 1 Biohazard Bag
- 1 Ice Pack
- 2 Foil bubble-pack envelopes
- 1 Cardboard Shipping Box
- 1 Mailer

COLLECTION INSTRUCTIONS:

- 1) Draw one (1) SST Tube and three (3) EDTAs. Number the EDTAs in order of draw.
- 2) Allow the SST tube to sit for at least 20 minutes for the blood to clot.
- 3) Centrifuge the SST tube for at least 10 minutes.
- 4) Label the EDTAs and the transfer tube with the patient's name, date of birth and collection date.
- 5) Pipette the separated serum from the SST tube into the transfer tube. Cap tube tightly.
- 6) Stretch parafilm over and around the cap. Do not place parafilm under the cap.
- 7) Refrigerate samples until ready to ship.
- 8) Wrap or put the EDTAs into the EDTA protectors. Do not allow the EDTAs to come into direct contact with the icepack and do not allow EDTAs to freeze.
- 9) Complete the enclosed requisition form, including method of payment (if applicable).
- 10) Indicate if patient was fasting.

Shipping Instructions on Pg 2



Meridian Valley LAB
1-855-405-TEST (8378)

6839 Fort Dent Way, Ste. 206 Tukwila, WA 98188 • Tel 206.209.4200 • Fax 206.209.4211

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SHIPPING INSTRUCTIONS:

- 1) Place transfer tube and EDTAs into the biohazard bag.
- 2) Place the requisition form in the outside pocket of the biohazard bag.
- 3) Place the biohazard bag and ice pack into the smaller of the two foil bubble-pack envelopes. Fold the excess over the bag to close, but **DO NOT SEAL** the bag.
- 4) Place the smaller foil bubble pack into the larger foil bubble pack, fold over to close, but **DO NOT SEAL** the bubble pack.
- 5) Place the large foil bubble pack and its contents into the MVL cardboard shipping box and close the box. **DO NOT SEAL** box with tape.
- 6) Place overnight return shipping label with the bar code on the outside of the mailer.
- 7) Save the customer receipt portion with the tracking number for your records.
- 8) Place the MVL cardboard shipping box in the mailer and seal securely.
- 9) Ship back to Meridian Valley Lab using the provided courier service located on your mailer and return shipping label.
- 10) Ship Monday and Tuesday and avoid U.S. holidays to prevent undue delays.

To find a drop off location, follow the link: UPS: https://www.ups.com/dropoff?loc=en_US

Proper collection makes a difference in your test results! If you have questions about how to collect for this test, please call us at 855-405-TEST (8378).



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