



<b>Instructions For</b>	Complete Blood Viscosity Profile
<b>When to Ship</b>	Monday-Thursday
<b>Observed Holidays</b> <i>*Do not ship the day before an observed holiday</i>	New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day.
<b>Notes for this test</b>	Upon receiving the kit, remove lid and place Styrofoam container into the freezer. Do not remove the ice pack. Specimen must be received within 24-hours.

<b>Kit Contents</b>	
1 Requisition Form	1 EDTA Protector Pack
1 Instruction Sheet	1 Icepack
1 SST	1 Shipping Box
1 Disposable Pipette	1 Biohazard Bag
3 Lavender EDTAs	1 Styrofoam Container
1 Transfer Tuber	1 UPS Lab Pak
1 Parafilm	1 UPS Return Label

## Collection Instructions

Draw one SST tube and three EDTAs. Mix well. Number the EDTA's in order of draw.

Allow the SST tube to sit for at least 20 minutes for the blood to clot.

Centrifuge the SST tube for at least 10 minutes.

Label the EDTA's and the transfer tube with the patient's name, Date of Birth and date collected.

Pour the separated serum from the SST tube into the transfer tube. Make sure the tube is capped tightly.

Stretch parafilm over and around cap. Do not place parafilm under the cap.

Refrigerate the samples until ready to ship.

Wrap or put the EDTAs in the EDTA protectors. Do not allow the EDTAs to come into direct contact with the ice pack and do not allow the EDTAs to freeze.

Complete the enclosed requisition form, including method of payment and the name of the ordering practitioner.

Indicate if patient was fasting.

## Shipping Instructions

Place the transfer tubes in the biohazard bag.

Place the requisition and questionnaire in the outside pocket of the biohazard bag.

Place the biohazard bag next to the frozen ice pack in the Styrofoam container.

Place the Styrofoam container in the cardboard shipping box.

Place the shipping box in the UPS lab pak and seal securely

Place return shipping label with barcode on outside of UPS lab pak.

Save return receipt with the tracking number for your records.

Call UPS toll free at 1.800.742.5877 for a pickup or for the nearest drop location. UPS will only pick up on weekdays.

When calling for UPS pickup, request "ON CALL AIR" only. DO NOT request a one-time pickup. Meridian Valley

Lab pays for "ON CALL AIR" only. UPS expects the patient to pay for a one-time pickup.