

## 25-OH Vitamin D

<b>Doctor ID</b>		<b>Patient Name</b>		
0				
<b>Age</b>	<b>Sex</b>	<b>Date of Birth</b>	<b>Accession #</b>	<b>Test Code</b>
78	M			1260
<b>Date Collected</b>	<b>Date Received</b>	<b>Date Reported</b>	<b>Tech</b>	
7/28/2017	7/28/2017	8/1/2017	CR	
<b>Comments</b>				

*Doctor Name and Address:*

6839 Fort Dent Way,  
Tukwila, WA 98188

Fax:

Phone:

	<b>Result</b>	<b>Units</b>	<b>Reference Range</b>
25-OH Vitamin D	60.5	ng/mL	60-100 ng/mL * Optimal Target: 80ng/mL * Toxic range: > 200ng/mL *

- \* 1 Hollis, BW.  
Circulating vitamin D3 25-OH vitamin D in humans: An important tool to define adequate nutritional vitamin D status.  
J Steroid Biochem Mol Biol. 2007 Mar;103(3-5):631-4.
- \* 2 Heaney RP.  
25-Hydroxylation of vitamin D3: relation to circulating vitamin D3 under various input conditions.  
Am J Clin Nutr. 2008 Jun;87(6):1738-42.
- \* 3 Vieth, R.  
Vitamin D Toxicity, Policy, and Science.  
J Bone Miner Res 2007 Dec;22 Suppl 2:V64-V68.
- \* 4 Holick MF.  
Vitamin D: a millenium perspective.  
J Cell Biochem. 2003 Feb 1;88(2):296-307.
- \* 5 www.vitamindcouncil.org  
Reference Range changed 3-11-09