



Do not use this product if you have a blood clotting disorder or are using prescribed blood thinning medications, unless otherwise advised by your health care provider.

MEDICATIONS AND PRECAUTIONS

Medications such as antihistamines, methotrexate, tricyclic antidepressants, H2-receptor antagonists (e.g., ranitidine, cimetidine), proton-pump inhibitors, and over-the-counter pain and fever reducers do not interfere with the accuracy of the ELISA test method.

Immune suppressive medications (e.g.: prednisone) or a weakened immune system (e.g.: due to chemotherapy) may result in the inability to mount an antibody response to varying degrees, resulting in lower values.

This medication list is not inclusive. Please discuss your medications with your healthcare practitioner. Some practitioners may advise their patients to discontinue certain medications for a period of time depending on their practice and experience.



FOODSAFE™

MICROTAINER COLLECTION

COLLECTION INSTRUCTIONS

The MVL FoodSafe tests are intended for the semi-quantitative assessment of individual immune responses to specific food antigens. The results may assist in identifying potential food sensitivities that could be associated with non-IgE-mediated or delayed hypersensitivity reactions.

Test results should be interpreted in the context of clinical history and other relevant diagnostic information.

KIT CONTENTS:

Items to be discarded after collection

- 1 Set of collection instructions
- 3 Lancets (single use only)
- 3 Alcohol wipes
- 3 Cotton balls
- 3 Bandages

Items to be shipped back

- 1 Specimen biohazard bag
- 1 Mailer with prepaid return label
- 1 Requisition form
- 1 Blood Collection Tube (yellow top)
- 1 Transport tube (green top)



Read the warnings on the back before use!

PREPARATION

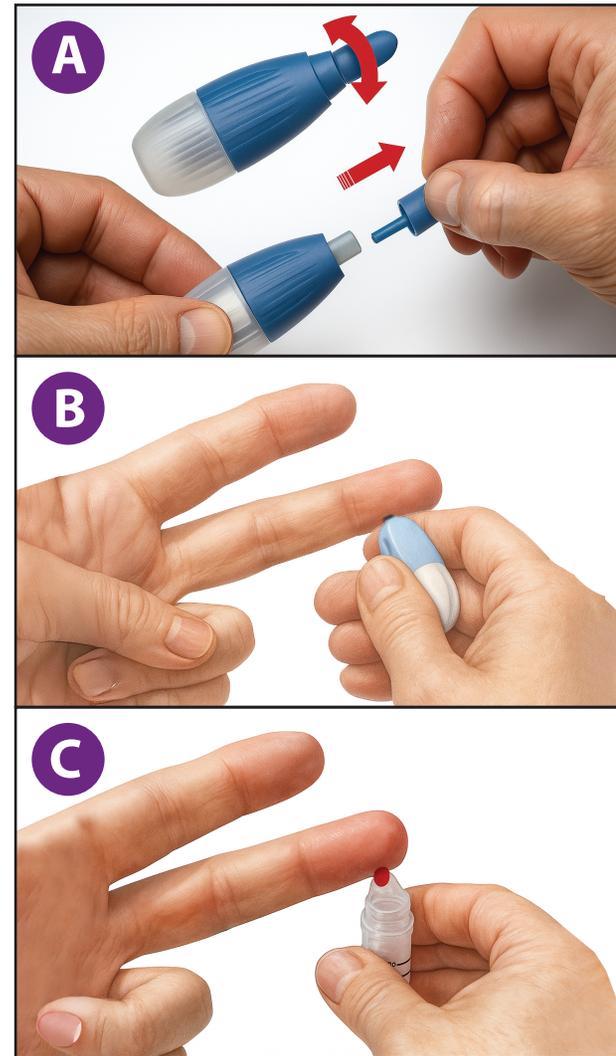
- Make sure you are well hydrated.
- Complete patient name, collection date and demographics in the patient section of the requisition form.
- Lay out the collection kit components so they are easily accessible including the microcontainer, lancets, cotton balls, alcohol pads, and bandages. .

PREPARE YOUR HANDS

- Wash your hands with soap and water that is comfortably hot.
- Soak your hands in this water for about 3-5 minutes. Dry hands thoroughly.
- Massage your hands to increase blood flow.

COLLECTION

- Select your middle or ring finger to obtain a sample.
- Clean area with an alcohol pad. Allow alcohol to dry.
- ● **A** Twist the cap off the lancet and place the tip on the right or left side (10 or 2 o'clock position) of your chosen finger.
- ● **B** Position lancet across fingerprint with nails pointing toward the center of fingerprint.
- Press the lancet into the skin of the puncture site until an audible click is heard.
- Allow a large droplet of blood to form on your finger.
- ● **C** Use the edge of the opening to guide the blood into the microtainer. Gently massage the finger and fill to at least the first line (400).
- Repeat finger stick procedure as necessary to complete collection.
- Securely replace the yellow cap onto the blood collection tube.
- Put the yellow cap blood collection tube with blood sample inside the green top transport tube and write your name, date of birth, and collection date on the outer label.



RETURN SPECIMEN TO THE LAB

- Place the blood collection tube (yellow cap) inside the green top transport tube, place in the biohazard bag and seal the bag.
- Place the requisition form in the outside pocket of the biohazard bag and place it in the return envelope.
- Apply the pre-paid return label(s) to the return envelope and drop it off at your courier drop site.