

COLLECTION INSTRUCTIONS



INSTRUCTIONS FOR: 95 COMMON, 190 COMBO OR INHALANT PROFILE

CAREFULLY READ COLLECTION AND SHIPPING INSTRUCTIONS THOROUGHLY BEFORE BEGINNING.

WHEN TO SHIP: Monday - Friday

OBSERVED HOLIDAYS:

New Years Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and following day, Christmas Day.
**Do not ship the day before an observed holiday.*

IMPORTANT NOTES FOR TEST:

- ✓ Gross Lipemia specimens are not acceptable for these panels.
- ✓ Sample stability is 90 days at room temp or refrigerated .
- ✓ Samples can be drawn any day.
- ✓ Patient's first and last name, date of birth, sex, and date of collection must be recorded on the Requisition Form as well as all Transfer tubes using a permanent marker or a printed label.

KIT CONTAINS:

- 1 Requisition Form
- 2 SST Vials
- 2 Transfer Tubes
- 1 Biohazard Bag
- 1 Cardboard Shipping Box
- 1 Return Shipping Label *(Included if shipped within U.S. or Canada)*
- 1 Instruction Sheet
- 1 Mailer

MEDICATION INFORMATION:

- Medications such as antihistamines, methotrexate, tricyclic antidepressants, H2 – receptor antagonists (e.g., ranitidine, cimetidine), proton-pump inhibitors, and over the counter pain and fever reducers do not interfere with the accuracy of the ELISA test method.
- Immune suppressive medications (e.g.: prednisone) or a weakened immune system(e.g.: due to chemotherapy) may result in the inability to mount an antibody response to varying degrees. These factors **DO NOT** interfere with the accuracy of the ELISA test method but may result in low test values.
- Meridian Valley Lab's ELISA test method has not been assessed against any biologic or monoclonal antibody therapy. The level of interference is not established. The level of interference from heterophilic antibodies is not established.
- **This medication list is not inclusive.**
- *Please discuss your medications with your health care practitioner.* Some practitioners may advise their patients to discontinue certain medications for a period of time depending on their practice and experience.



Meridian Valley LAB
1-855-405-TEST (8378)

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SERUM REQUIREMENTS:

- 95 Common Profile - 3.0mL
- 190 Combo Profile - 5.0mL
- Inhalant - 3.0mL

COLLECTION:

- 1) Draw two SSTs vials.
- 2) Allow 20 minutes for the blood to clot.
- 3) Centrifuge for 15 minutes.
- 4) Place the separated serum into the transfer tubes. Make sure the tubes are capped tightly. Discard SST vials.
- 5) Clearly label transfer tube with patient name, date of birth and date of collection.
- 6) Complete the enclosed requisition form, include payment (if required).

SHIPPING INSTRUCTIONS:

- 1) Place the specimen in the biohazard bag.
- 2) Fold the requisition form and place it in outside pocket of the biohazard bag.
- 3) Place the biohazard bag into the MVL cardboard shipping box. **DO NOT SEAL** box with tape.
- 4) Place return shipping label with the bar code on the outside of the mailer.
- 5) Save the customer receipt portion with the tracking number for your records.
- 6) Place the MVL cardboard shipping box in the mailer and seal securely.
- 7) Ship back to Meridian Valley Lab using the provided courier service located on your mailer and return shipping label.
- 8) Ship Monday through Friday. Avoid U.S. holidays to prevent undue delay.

To find a drop off location, follow the link: UPS: https://www.ups.com/dropoff?loc=en_US

Proper collection makes a difference in your test results! If you have questions about how to collect for this test, please call us at 855-405-TEST (8378).



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